

<b>WEEK C: 11th Nov 2nd Dec</b>	<b>Monday Meat free</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Hot Meal</b>	Chinese veggie noodles Or Cheesy topped pasta bake Served with seasonal vegetables	Sausages Or Veggie sausages Served with mashed potatoes, seasonal vegetables and gravy	Beef burrito Or Chunky veggie burrito Served with tortilla chips and vegetables	Chicken and leek pasta bake Or Leek and pea pasta bake Served with garlic bread and seasonal vegetables	Fish fingers Or Cheese and onion quiche Served with chips, beans or sweetcorn
<b>Jacket Potato</b>	Cheese Or Beans  Served with a fresh mixed salad	Tuna Mayonnaise Or Beans  Served with a fresh mixed salad	Beans Or Cheese  Served with a fresh mixed salad	Cheese Or Tuna Mayonnaise  Served with a fresh mixed salad	Cheese and beans  Served with a fresh mixed salad
<b>Cold Option</b>	Cheese wrap Or Egg roll  Served with pasta or 50/50 rice and salad	Cheese roll Or Tuna mayo sandwich  Served with pasta or 50/50 rice and salad	Ham roll Or Cheese wrap  Served with pasta or 50/50 rice and salad	Ham wrap Or Egg mayo sandwich  Served with pasta or 50/50 rice and salad	Cheese sandwich Or Ham Sandwich  Served with pasta or 50/50 rice and salad
<b>Dessert</b>	Lemon slice	Banana cake and custard	Yogurt and honey	Berry jelly	Pineapple upside down cake and custard
Fresh bread, fresh fruit and yogurt available every day					